

MARCH

## Catalina 22 Fleet 4

2009



4UM

<http://www.catalina22fleet4.org/>

*Sacramento Catalina 22 Fleet 4UM Newsletter MARCH '09*
**NEWS FLASH - FOLSOM LAKE  
MARINA TO OPEN MARCH 7<sup>TH</sup>**
**➤ CAPTAIN'S REPORT ◀**

February 12<sup>th</sup> is a little early for St Valentine's Day but it was a good day to "get knotty" anyway. Fleet 4 had a great meeting with very good attendance, complete with good food and spirits, and plenty of slack, and everybody participated. Talk was about being tied up, handcuffs, slip, strangle, cinch, whipping, blood, chains, monkey's fists, - sounds brutal doesn't it, but it was all about "knots", and sharing our favorite knots in preparation for the new season of Cruising and Racing.

While the fire was cozy and everybody enjoyed the meeting at a home, the March meeting will be back at the library in Fair Oaks. The use of private homes for meetings was discussed and everybody seems favorable to the idea, however the issue of varied locations seems to add confusion and becomes a problem. In fact, some newcomers to the fleet called from the library, wondering where the meeting was. Directions were given but they never showed, illustrating the problem.

The March and April meetings will be at the Fair Oaks Library, however the May meeting will not be at the library as someone else beat us to that date. The May meeting will probably be the "pimp my boat" meeting at Folsom Lake. The June meeting will be the picnic on Friday the 12<sup>th</sup>, followed by the Bigs and Littles event (Big Brothers and Big Sisters benefit sail and barbeque) on Saturday the 13<sup>th</sup>. This is a fun Sailing event and your participation is appreciated by all those involved. Join us and help give the Kids a good experience.

The racing schedule has finally firmed up for the upcoming year and so has the cruising schedule. With the availability of water in question, we are scheduling more "away" cruises this year. Check the Event Schedule on Fleet 4's website for the full year's cruising events, and remember that cruises might change location or be cancelled depending on water level at Folsom Lake (so check every month or so).

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**UP COMING EVENTS**
**☸ March ☸**
**Membership Meeting**

Thursday, March 12 - 7:00pm-9:00pm  
We are back at the Fair Oaks Library for the March and April meetings.

Please bring your completed 2009 Membership application and dues check if you haven't already done so.

**Racing**

Winter #3 – Sun. Mar. 8

Winter #4 – Sat. Mar. 14

Spring #1 – Sat. Mar. 21

Location: Lake Natoma, but recommend check with FLYC for possible location change to Folsom Lake since the water level is rising fast. FLYC website:

<http://www.flyc.org>

or contact Dave Strain

**First of Spring Cruise**

Mar. 21-22 Folsom Lake

Cruise Leader – Larry Charlot

**Board Meeting**

Thursday – March 26 - 7:00pm

Location TBD

**☸ April ☸**

Apr. 11<sup>th</sup> : Trans-Folsom Race

Apr. 18<sup>th</sup> : Strictly Sail Expo, Oakland

Apr. 19<sup>th</sup>: Spring #2 Race Folsom Lake

Apr. 25/26: New Member's/Past

Captain's Cruise Folsom Lake.

**☸ May ☸**

May 2-3: Camellia Cup Folsom Lake

May 9: Spring #3 Race Folsom Lake

May 16: Spring #4 Race Folsom Lake

May 23-25: Memorial Day Cruise,  
Folsom Lake

**"Deadline for submissions to the 4UM  
is the last Friday of each month for  
the following month's edition."**

## ➤CAPTAIN'S REPORT (continued)◀

The Board is considering using some "away" regattas for figuring the Fleet 4 C22 racing championship, and this will probably include The "Go for the Gold" regatta at Scott's Flat Reservoir (site of the C-22 Nationals 2 years ago).

The addition of a new spillway for Folsom Dam will continue to wreak havoc on lake level, which will probably result in yet another shortened season for Folsom Lake Marina. These factors, combined with the ECONOMY, seem likely to somewhat reduce slip and dry storage renewals at the marina; this will probably "trickle down", resulting in less Fleet 4 member participation this year.

At the March meeting, Lowell Richardson is scheduled to give a presentation on cruising in Europe, or England - somewhere "over there" on the other side of the pond. We need future presenters; if you have a good story that you can illustrate or an interesting activity that will take 30-45 minutes to present, let the Captain or anyone on the Board know.

Mike Rayfuse, 2009 Fleet 4 Captain,  
Catalina 22 #3088 "**SIRIUS**"

## ➤SECRETARY'S REPORT◀

The Board met at the Rayfuse's house on February 26<sup>th</sup> from 7:00-9:00pm. Board members present: Captain Mike Rayfuse, Past Captain Karen Preston, Hospitality chair Madeline Rayfuse, Treasurer Ron Hitchcock, Membership chair Lanette Strain, Secretary/Cruising chair Larry Charlot and Racing chair Dave Strain.

Items discussed included:

▶ The 2009 club Budget: a few minor errors had been spotted, these were discussed with the Treasurer and corrections made.

▶ PICYA cards: only 2 Fleet 4 members purchased them this year, so the Club treasury will lose \$75 on the \$125 cost. It had been assumed that 5 PICYA cards would be purchased, so we set the fee at \$25. Next year, the fee for PICYA cards will probably have to be set on a pro-rata basis depending on the number of members that want them, or maybe we will

have to drop PICYA if there is not enough demand to justify it.

▶ The date for the proposed Union Valley Camp'n'Cruise is confirmed for Aug. 28<sup>th</sup> -31<sup>st</sup>. Contact Lanette and Dave Strain for details.

NOTE: This event is *in addition* to the Shooting Star Cruise at Union Valley Aug. 8-10.

▶ For the March and April General Membership meetings, we have reservations for the Fair Oaks Library. However, we can't get the library for May 14<sup>th</sup>, so it's proposed to meet out at Brown's Ravine for a NEW event: "Pimp your Boat". The format will be a tour through the various member's boats to gawk at and compare the customizations that owners have ~~perpetrated on~~ added to their boats. We will do these tours until it gets dark, then hold the business portion of the meeting near the restroom at the top of the launch ramp (or wherever there's enough light from the area floods to see). **Everyone should bring a folding chair or two.**

▶ It's time to start planning the BBBS event. The most important thing is we need to have an exact count of boats to relay to the BBBS organizers so they know how many Bigs and Littles they can bring. Please sign up at the next Meeting or contact any Board Member.

▶ Lanette reports that about 20 membership renewals have been received. If you haven't yet sent in your renewal form and dues check, PLEASE bring them to the March 12<sup>th</sup> meeting or mail them to Lanette Strain ASAP.

▶ Due to the expected low water level and short season at Folsom Lake Marina, Dave Strain is proposing to add at least one "away" race to the Fleet 4 Racing schedule. This is the "Go for the Gold" regatta at Scott's Flat reservoir on June 6-7, 2009: <http://www.nccn.net/~gcyc/regatta.html>

ERRATA:

▶ The February Secretary's Report included the following erroneous statement concerning the 2009 club budget: "The largest item eliminated was the \$100 donation to RBOC". This was an item dropped from the **2008** budget, and is NOT on this year's budget.

► The date for Fleet 4's Award Banquet, shown as November 14<sup>th</sup> in the website Event Calendar, is wrong – the actual date is November 7<sup>th</sup>, and this has now been corrected on the website (the November 14<sup>th</sup> date is for FLYC's Banquet).

► Our treasurer Ron Hitchcock has changed his email address, see the last page of this 4UM (the list of Board members) and copy the new address into your email contact list.

## ➤CRUISING REPORT◀

February Cruises: The President's Day cruise to San Francisco Bay was canceled due to inclement weather, but I'm not too upset since we desperately need the rain. The good news about the rain is that Folsom Lake has risen almost 30 feet in the last month, which brings the possibility of Brown's Ravine Marina opening at least a couple of weeks earlier than it did last year (April 26<sup>th</sup>), and maybe even opening in time for Fleet 4's First of Spring cruise.

March Cruises: I just got the word from Ken Christensen himself: **Folsom Lake Marina will open for slip renters to put in next Saturday, March 7<sup>st</sup>**, so the First of Spring cruise will happen, on March 21-22. The Cruise Leader is me, Larry Charlot. If you are interested in participating in this cruise, please call or email me by the Wednesday before the cruise (March 18<sup>th</sup>). I plan to raft up in the Marina basin, or maybe we can just stay in slips for one night, and have our first Puu-Puu's of the year. Ken was cautious when we talked about the marina opening early, and he said we should not get too carried away with enthusiasm as the Sierra snowpack – the "reservoir" that keeps water flowing into the lake through the spring and early summer – is still below normal. Therefore, slip renters should not expect the marina to remain open for a full season. But we'll take whatever we can get.

April Cruises: April's first "cruise" will be the Jack London Square Strictly Sail boat show on April 18<sup>th</sup>. The train, AMTRAK No. 727, leaves Sacramento's downtown station at 07:40 and arrives at Jack London Square at 09:31. For the return trip, there are four trains available starting with No. 742 at 17:30, then No. 744 at 18:55,

then No. 746 at 19:55, and the last train, No. 748 at 20:55, which arrives back in Sacramento at 22:55. With four return trains to choose from, you can take a leisurely dinner and still have plenty of time to make the last train. There is no "official" cruise leader for this, so everyone needs to purchase their own train tickets.

Speaking of Sail Expo, I heard from someone at the last meeting that the show might not be as big or as comprehensive as in past years, probably due to the recession. I don't know any details, except for a rumor that on-shore vendor exhibits are supposedly shrinking, to just one tent from the two or three tents that I remember from the last time I went to that show, 5 or 6 years ago.

The weekend following Sail Expo is the New Member's/Past Captain's Cruise, on April 25-26 at Folsom Lake, by which time I feel pretty sure the Marina will be open. Our Past Captain, Karen Preston, can't make it to this cruise so I'll lead it. We will use the usual format, starting with a Skipper's Meeting at 10:00 at the top of the launch ramp.

Today is March 1<sup>st</sup>, which means it's time to start planning Fleet 4's summer cruise schedule, especially the BBBS Sail Day and the San Juan's/Gulf Islands cruise. The BBBS will be Saturday June 13<sup>th</sup>, the day after the annual picnic. Anyone who knows they will be participating needs to contact the event leader, Karen Preston, so she knows how many (and what size) boats will be available to place our guests on.

For those who haven't been involved in the Big Brother's/Big Sister's Sail Day in the past, we generally put one pair of guests on Catalina 22's, and two pairs on larger boats like Catalina 25's and Chrysler 26's. We take the kids out starting about 09:30 for an hour or so of sailing (if there's any wind at all), followed by an hour of swimming and water fights (HUGE fun for all involved). We get back to the marina about noon, then walk up the hill for a barbeque feast in the picnic area. In the last few years, this has been THE best attended Fleet 4 event of each year.

For the San Juan's cruise, I need to know who is at least thinking about making the trip. So far,

three boats are signed up, and two are Catalina 22's: "Magic" and "Felice". The third boat is a Beneteau 38, which Karen and Gary Preston are chartering, so we will have at least one Big Boat to raft up with for the first week. If anyone else is sure they want to go, please let me know soon so I can start making arrangements. I need to email the Bellingham Harbormaster with a list of how many tow vehicle/trailer rigs we will need to store and how many slips we will need for the first night. NOTE: The previously published date for start of the San Juans cruise has changed, from June 20th to July 11.

The Preston's charter boat is based out of Anacortes, so some of you with C-22's might want to consider launching there, using the hoist at Cap Sante marina to keep your trailers out of the salt water. Larger boats, like Catalina 25's and Chrysler 26's, will have to launch at the ramp in Bellingham, as these boats are well in excess of the weight limit of the Cap Sante hoist (3500 pounds I think). Launching at Anacortes is a little more expensive than Bellingham, as Cap Sante charges \$35 for the hoist, and something like \$10/day for parking. Bellingham parking is hopefully still free, as it has been in past years. The itinerary for the San Juans cruise has yet to be worked out, as we need to accommodate two different schedules: the Preston's one-week-only charter, and the rest of the group that will be there for two weeks. My tentative itinerary for the first week:

- Saturday night-Bellingham Marina
- Sunday night-Sucia Island anchorage
- Monday night-Roche Harbor (marina/anchor)
- Tuesday and Wednesday night-Sidney Marina
- Thursday night-Sidney Spit anchorage.
- Friday-the Preston's go to Friday Harbor to check back in to US Customs.
- Friday night-Ganges (marina/anchor)
- Saturday-the Prestons return their charter boat in Anacortes and head home.
- Saturday night-Montague (marina/anchor)
- Sunday night-Wallace Island anchorage
- Monday night-Telegraph Harbor Marina
- Tuesday night-Chemainus (marina/anchor)
- Wednesday night-Maple Bay (marina/anchor)

- Thursday night-Reid Harbor anchorage (after stop at Roche to check-in with US Customs)
- Friday night-Sucia Island anchorage
- Saturday-back to Bellingham then home.

This itinerary shows only one of many that are possible to accomplish in a two-week trip, and we will have a planning meeting in May to hammer out the details. The port calls and routes are flexible, and the list above includes just a few of the "favorites" that Fleet 4 cruisers have enjoyed in past years.

If the currently low prices for gas and diesel continue into next summer, this year could be your best chance to do this cruise without having to spend an outrageous amount of money for fuel in your tow vehicle. If you need any more incentive than that:



Fossil Bay, Sucia Island, July 24, 2005  
 "Quiet Time" on left, "Toy Box" on right

☀ ☀ ☀ ☀ ☀ ☀ ☀ ☀ ☀ ☀ ☀

The news that the Marina will open next weekend is great, but we still have a below-normal snow level in the mountains to remind us that the most likely scenario for the Marina is that it will have to close again sometime in July. However, Captain Mike mentioned at the last Board meeting that there have been some water policy changes at BuRec and DWR resulting from recent Court decisions, and that certain aspects of these decisions could result in fewer of those rapid, massive water drawdowns that have caused premature marina closures in recent years. I hope it's true, it's bad news for everyone when the Marina has to close in mid-season. So, pray for lots of rain and snow in this last couple of

weeks of winter, so we can maybe still be using Folsom Lake until at least Labor Day.

-Larry Charlot  
Catalina 25 #5857 "*Quiet Time*"  
Catalina 22 #13457 "*Magic*"



➤ **CHARTER IN THE  
BRITISH VIRGIN ISLANDS** ◀  
NOVEMBER 2009  
Gary Preston

Several people have expressed interest in charter sailing in the BVI in November 2009. Would you like to join us? Last year, Jason Jenkins started the ball rolling to organize a group trip, and I am picking up the ball where he left off. In fact, we have already reserved a boat for Thanksgiving week, from Sunday 11/22/09 to Sunday 11/29/09. The British Virgins are said to be easy for beginner charter sailors, with steady trade winds and everything in line-of-sight navigation. If you have even a remote interest, please join us to learn more, or share your thoughts.

When: Tuesday, March 24, 7:00 p.m.

Where: Karen and Gary Preston  
4113 Big Live Oak Lane  
Sacramento, CA 95821

(off Auburn Blvd. between Watt and Winding Way)

Contact: Home phone (916) 979-9819

Email: Gary\_Karen\_Preston@compuserve.com

➤ **RACING REPORT** ◀

Catalina 22 owners and sailors have one of the most versatile of boats. Learning how to use your boat in a variety of ways adds to the fun of sailing. Cruising, of course! Hanging out on Folsom Lake, a given. Racing!!?? Not so sure. Club racing in your Catalina 22 can add to the thrill of sailing. When I first started sailing, I thought that cruising would be the greatest, sort of camping on the water. Or as a friend called it, "Clean camping" and it was fun and clean. But after a while, relaxing on the water was not enough. I wanted to learn more about sailing, and develop skills beyond hanging out. That is when I took up racing. I believed that racing would strengthen my skills for cruising. And it did. Then I discovered that racing gave a purpose for sailing that I had been missing. I liked the idea of sailing to somewhere, rather than just sailing

with the wind. Racing felt like *using* the wind and gave me more and more confidence in my over all sailing abilities. I learned the "Rules of the road" and how to respond quickly to an error or rapidly changing situation. I had heard of the "window of opportunity" in other areas of life. Sailing also has those windows, such as when it is time to beat the approaching storm, or when equipment breaks. Practicing a quick response during racing prepared me for those times while cruising as well.

What does it take to get ready to race your boat? One of the first things to do is talk with friends that already race. Check out their rigging and set up. Compare your set up with theirs. Pay attention to how smoothly the lines pass through their leads and blocks. The correct size of lines is important. Smooth running lines are safer for cruisers as well as racers. In order to make my race experience more enjoyable, I have run all of my lines into the cockpit. That way I can manage sheets and lines myself, if I am short handed, or help my crew if they run into a spot of trouble untangling a snag. Most importantly, honor your deckhand or hands. This is especially true if that "Handy" person is your wife or sweetie. I know this from experience, right Lanette? If you are interested in checking out my 22, give me a call, Dave 933-2346.

Dave Strain  
Catalina 22 # 6667 "*Blue Diamond*"  
Catalina 250 #256 "*Faux Play*"  
[landave@copper.net](mailto:landave@copper.net) or 933-2346.

➤ **MEMBERSHIP CORNER** ◀

Well, it is time to complete the annual membership drive. For the \$3.00 a month that it takes to continue to be a member of Fleet 4 (\$36 a year) renewing members should be jumping at the chance to stay connected to each other through our common interest of sailing. Send your renewal dues to me, to make sure that you will be included in the updated roster. Our last general membership meeting provided just the right balance of camaraderie, business and skill. We had a great time. It would have been even better if more members were there! Members, the glue that holds us together!

Lanette Strain  
[landave@copper.net](mailto:landave@copper.net)

# Catalina 22 Fleet 4 - 2009 Events Calendar

## JANUARY

- ▶ 8: General Membership Meeting-Fair Oaks Library
- ▶ 17-19: Whale Watch Cruise, Monterey.

Cruise leader Larry Charlot

## FEBRUARY

- ▶ 12: General Membership Meeting at Mike & Madeline Rayfuse's house (Fair Oaks Library Not Available)

- ▶ 14-16: President's Day Cruise, S.F. Bay

CANCELLED (INCLEMENT WEATHER)

## MARCH

### ▶ 7: FOLSOM LAKE MARINA OPENS FOR SLIP RENTERS TO LAUNCH THEIR BOATS

- ▶ 12: General Membership Meeting-Fair Oaks Library

- ▶ 21-22 First of Spring Cruise, Folsom Lake

Cruise Leader Larry Charlot

## APRIL

- ▶ 9: General Membership Meeting-Fair Oaks Library

- ▶ 18: Sail Expo Jack London Square, Oakland  
No Cruise Leader (make your own Amtrak reservation)

- ▶ 25-26: New Member's/Past Captain's Cruise

Folsom Lake. Cruise Leader Larry Charlot

## MAY

- ▶ 14: General Membership Meeting-Location TBD

- ▶ 23-25: Memorial Day Cruise-Folsom Lake  
Cruise Leader Ron Hitchcock. "Away" cruise to SF Bay, Union Valley, or Delta optional if anyone wants to organize one.

## JUNE

- ▶ 12: Fleet 4 Annual Member's Picnic-Folsom Lake, Brown's Ravine Picnic Area

- ▶ 13: Big Brother's/Big Sister's Day Sail & Picnic-Folsom Lake. Event Leader Karen Preston

- ▶ 13-14: First of Summer Cruise-New York Cove, Folsom Lake, Cruise Leader Larry Charlot

## JULY

- ▶ 3-5: Independence Day Cruise-Folsom Lake, if marina still open. Alternate Locations, Union Valley Reservoir, SF Bay, or Delta. Cruise Leader TBD

- ▶ 5 Derigging day for Folsom Lake boats that will be heading up to the San Juan's Cruise the following week

- ▶ 9: General Membership Meeting-Fair Oaks Library

- ▶ 11-20: San Juan's/Gulf Islands Cruise.

Cruise Leader Larry Charlot

## AUGUST

- ▶ 8-9: Shooting Star Cruise-Union Valley Reservoir  
Cruise Leader JoAnne Watkins

- ▶ 13: General Membership Meeting-Fair Oaks Library

- ▶ 28-31: Union Valley Camp'n'Cruise trip.

Cruise Leader Dave & Lanette Strain.

## SEPTEMBER

- ▶ 5-7: Delta Cruise-Brannan Island to Antioch. Cruise Leader Larry Charlot

- ▶ 10: General Membership Meeting-Fair Oaks Library (2010 Board Nominations)

## OCTOBER

- ▶ 8: General Membership Meeting-Fair Oaks Library (2010 Board Elections)

- ▶ 10-12: Fleet Week Cruise-SF Bay. Launch at Emeryville. Cruise Leader TBD

## NOVEMBER

- ▶ 7: Annual Awards Banquet-location TBD

- ▶ 21-29: BVI Charter Cruise  
Cruise Leader Karen Preston

## DECEMBER

Happy Holidays!

For Calendar of Racing events, check Folsom Lake Yacht Club website:

<http://www.flyc.org/pdfs/2009Calendar.pdf>

or contact Dave Strain:

<mailto:landave@copper.net>



"Windy Britches" (left) and "Wing'n It" (right) in New York Cove, New Member's/Past Captain's Cruise, April 28-29, 2007



"Slow Dancin'" (left) and "Sunflower" (right) in New York Cove, First of Spring Cruise, March 20-21, 2004

Photo credits: All photography in this edition of the 4-UM by Larry Charlot

# Catalina 22 Fleet 4

## 2009 Board Members

|   |   |
|---|---|
| <b>Captain:</b> Michael Rayfuse<br>916-359-0565<br>mrehfus@surewest.net | <b>Secretary &amp; Cruising:</b> Larry Charlot<br>916-689-7379<br>lgcharlot@hotmail.com |
| <b>Racing:</b> Dave Strain<br>916-399-5959<br>landave@copper.net        | <b>Membership:</b> Lanette Strain<br>916-933-2346<br>landave@copper.net                 |
| <b>Treasurer:</b> Ron Hitchcock<br>916-933-2346<br>rahcwh@gmail.com     | <b>Hospitality:</b> Madeline Rayfuse<br>916-359-0565<br>mrayfuse@surewest.net           |

**Past Captain:** Karen Preston  
916-929-6506  
Gary\_Karen\_Preston@compuserve.com

### Web Links and other useful Tid-Bits

Folsom Lake Marina's home page: current daily hours of operation at the marina, slip and dry storage fees, map and directions. Plus links to other web sites with information on lake water level, State Park regulations, and boating-related businesses and vendors.

<http://www.folsomlakemarina.com/>

Catalina Yacht Home Page (take a look at that new C-350 Mk. II!):

<http://www.catalinayachts.com/>

Catalina 25/250 and Capri 25 National Association Forum:

<http://www.catalina-capri-25s.org/forum/>

Catalina 25/250 and Capri 25 National Association Technical Tips. Great resource showing various modifications and improvements that owners have made on their boats:

<http://www.catalina-capri-25s.org/tech/tech.asp>

Catalina 22 National Association website:

<http://www.catalina22.org/>

US Coast Guard Auxilliary Float Plan website:

<http://www.floatplancentral.org/>

NOAA's National Ocean Service Real Time On-Line Tide Station Data for the West Coast :

<http://www.tidesonline.nos.noaa.gov/monlist.shtml?region=wc>