



Catalina 22 Fleet 4 4UM



June

2021



Patchett's *Librium*, Mason's *Lina*, and Clancy's *Miss Irene* beached on a New Melones shore.

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UPCOMING EVENTS

❄ June 2021 ❄

6/2, every Wed. through August, 6:00pm

Race: FLYC Beer Can, Folsom Lake

6/11, Friday, 6:00pm

Fleet Picnic BBQ, Rayfuse's Home,
2640 Echo Way, Sacramento 95821

6/11, Friday, 6:00pm

Race: FLYC Summer #2, Folsom Lake
check flyc.org for cancellation notice

6/19, Saturday,

Bigs/Littles Sail Day - CANCELED

❄ July 2021 ❄

7/7, every Wed. through August, 6:00pm

Race: FLYC Beer Can, Folsom Lake

7/9-11, Fri - Sun, 10:00am

Cruise: Delta, Brannan Island

7/16, Friday, 6:00pm

Race: FLYC Summer #3, Folsom Lake
check flyc.org for cancellation notice

❄ August 2021 ❄

8/12, Thursday, 7:00pm

Ice Cream Social, Rayfuse's Home,
2640 Echo Way, Sacramento 95821

8/13-15, Fri - Sun, 10:00am

Cruise: Shooting Star, Union Valley

The Fleet 4um is published bi-monthly in even-numbered months. The deadline for submission is the 25th of the odd-numbered month prior to publication for the next month's edition.

Please send your submissions for the August edition by July 25th to:

Gary Preston, Fleet 4um Editor

Gary_Karen_Preston@compuserve.com

➤ **CAPTAIN'S CORNER** ◀

Kevin Clancy, Captain
Miss Irene, C22 #794
kclan12@gmail.com
916-956-6246

Ahoy Fleet 4!

Over the Memorial Day weekend, Joanne and I went backpacking in the Emigrant Wilderness area. We spent 3 days and 2 nights in the backcountry at elevations from 7,000 – 8,000 feet. The temperatures were perfect, upper 70's during the day and upper 40's in the evening. It was awesome! However, we were surprised at the lack of snow pack remaining on the upper peaks. We expected less snow due to the drought, but were surprised how little there was. We completed the planned backpacking loop and started the drive back to Sacramento. We watched the outside temperatures go from 80 degrees to finally topping out at 108 by the time we were home. Yuck!! The dog days of summer are here.

While there is nothing you can do about the weather, you might as well try to make the most of it. How can you make the most of it you ask? I can think of one fun way to beat the heat: getting aboard a sailboat! Morning and evening cruising are a great way to still get outside and enjoy the fresh air. I prefer an evening cruise when the Delta breeze kicks in, cools everything off, and provides the wind in the sails. Also, sailing in the Bay Area is another great way to escape the heat. The temperatures are always 30-40 degrees cooler than in Sacramento. Plus, there is always water! Another favorite of mine is the Delta. While it is hot in summer, there are plenty of spots to throw out an anchor and go for a swim. It's fun just lounging on pool-toys to escape the heat!

I encourage all of you to get out and enjoy the summer. Be mindful of the heat, pick your opportunities, and drink lots of water. Also, know the signs of heat exhaustion and act sooner than later if you notice any of the symptoms. Common signs of heat exhaustions are heavy sweating, cold and pale clammy skin, nausea, muscle cramps, tiredness, and dizziness. For a complete list of heat related illnesses and their symptoms, visit the

CDC's Warning Signs and Symptoms of Heat-Related Illness webpage at:

<https://www.cdc.gov/disasters/extremeheat/warning.html>

➤ **SOCIAL SOUNDINGS** ◀

Madeline Rayfuse, Social Chair
Sirius, C22 #3088
mrayfuse@surewest.net
916-359-0565

Our next event is the Fleet Picnic BBQ on **Friday June 11th at 6:00 p.m.** It will be held at our home, 2640 Echo Way, Sacramento, CA 95821.

Fleet 4 will provide fired-up grills ready for you to cook on, and soda and water. Members provide whatever main course and side-dishes they choose, or are invited to participate in potluck sides if comfortable doing so.

The Big Brothers/Sisters and Little Brothers/Sisters Sail Day has been canceled again this year, with an abundance of caution, plus low water on Folsom Lake.

See you at the BBQ Friday June 11th!

Madeline Rayfuse
2640 Echo Way
Sacramento, CA 95821
Cell: 916-541-1268
Home: 916-359-0565

➤ **CRUSING CHATTER** ◀

Susan Patchett, Cruising Chair
Librium, Catalina 22
susanpatchett2@gmail.com
916-996-5697

The cruise to Oroville in May was canceled because the marina was removing houseboats, and low water. I hope to try again next year.

The July cruise will be on the Delta. The cruise will be July 9-11th, the weekend after the 4th because it will not be so busy. Meet at Brannan Island State Recreation Area [on Hwy 160, just south of Hwy 12]. Roy Moore will be leading this cruise. If you are interested, contact Roy or me.



If you lead a cruise, please send me an email, text or phone call to let me know who attended and how many nights so I can update the spreadsheet I have to keep track of the points. Thanks.

The points for this year's cruises are as follows:

- Mason - 46
- Patchett - 44
- Clancy - 36
- Moore - 3
- Preston - 3

New Melones Cruise Report

Susan Patchett, Cruise Leader

Librium, Catalina 22

The weather and wind were great for the cruise at New Melones on April 15-17th. This is the second time the club has gone to the lake. We arrived at the lake a little late due to a minor problem with our motor latch. Kevin Clancy was out on the lake shortly after we arrived. We sailed on Friday, and in the evening spent the night in a cove.



Steve Patchett at the tiller with his shoes kicked off.

The next day, Rich and Carolyn Mason set sail and joined us on the lake Saturday morning. Rich and Carolyn had brought some friends along too. Saturday afternoon we decided to try to beach our boat. It was fun but getting out of the boat was not easy. We were able to check out the island, saw a lot of geese and their young ones, beautiful purple flowers, and an area with slate on the ground. It was fun to walk around the island and be able to get off the boat for a change. That evening we all beached our sailboats together. During the evening the wind came up and we were rocked to sleep. Overall, this was a fun cruise at a great lake.



Steve Patchett beached *Librium* to explore the shore

➤ RACING ROUNDUP ◀

Kevin Clancy, Crew Extraordinaire
Miss Irene, C22 #794
kclan12@gmail.com

Camellia Cup – April 2021

I'll be the first to admit that my preferred style of sailing is with a beer in one hand and the tiller in my toes. However, I have always wanted to crew in a race. The chaotic scenes from pictures and videos create an adrenaline rush inside me, with some fear on the fringe. At the end of the day, fear and fun are the same!

Mike Rayfuse invited me to crew on his boat, *Sirius*, for the Trans-Folsom and the Camellia Cup this year. The Trans-Folsom was cancelled, but we were still able to race in the Camellia Cup. The Camellia Cup is the greater Sacramento region's largest and oldest sailboat race and is hosted by Folsom Lake Yacht Club. This year was the 54th Camellia Cup Regatta.



Kevin Clancy on the foredeck with Mike Rayfuse.

Sirius has been prepped for racing. All the cruising comforts have been removed, it has very specific line controls, and the hull has a slick finish. We were lucky to have enough C22's so that we had our own "One-Design Fleet". This is a group of a particular class of boats, for example, all C22's, that race against each other in our own fleet. There were four boats in our class, and there were five different races in the regatta.

The races were fun and exciting, but not nearly as intimidating as I had expected. However, a lot of that was due to being able to crew for an excellent sailor and very accomplished racer. There is a lot

going on in a race, and knowing the rules and having confidence is very important. There was an incident at the start where *Sirius* had the right of way, but another boat was trying to gain room to make the start line. Mike held his ground to the start mark and forced the other boat to turn back around and restart because they couldn't make the mark. That was fun!



C22 start, with Karen Preston on Race Committee.

At the end of the day, I felt great, albeit a little thirsty (we went thru our water quickly). My sailing also improved because of the experience. Racing will help make you a better sailor because you need to sail to predetermined destinations (called "marks") and to round them in a specific direction. After all, a race is just a cruise with a course to follow. Learning the subtleties of the sport such as sail trim, rudder control, and timing of your tacks all make big differences in how a boat performs.



Rich Mason crewing for Gary Preston on his Hunter 270

I would encourage all of you who have an interest in racing, or want to see what a race is like, to do so. You don't have to be serious about winning to have a great time racing. We have several very experienced sailors and racers who are willing to help you learn how to race a sailboat. This is an

invaluable benefit of membership. Please consider taking advantage it.

See ya out on the water,
Captain Kev

➤ **SAILING LESSONS** ◀

Gary Preston, All-Around Sailor
Charmed Life, Hunter 270

Gary_Karen_Preston@compuserve.com

In the April issue of the Fleet 4um, I offered sailing lessons to interested Fleet 4 members. Two members took me up on the offer.

Robert Vosberg is self-taught on his Catalina 22 for the past year, and wanted verification of his skills and some more formal lessons. We spent a day practicing tacking and gybing. Then, quite a bit of time learning docking skills under sail power, first approaching a buoy, then graduating to docking with the SS Relief floating outhouse. After some practice, Robert did very well.

Indru Kadidal does not yet own a boat, but is taking lessons with Club Nautique on San Francisco Bay. He was looking for practice between his formal lessons, so Kevin Clancy and I took him out for a day on Kevin's C22 *Miss Irene*. Having never skippered a sailboat before his lessons, he spent the day practicing steering a course, tacking and gybing. Then, Indru spent some time in the crew position handling the jib sheetlines.



Indru Kadidal checking the trim with Gary Preston.

If anyone else is interested, I am still offering lessons for beginners, intermediate and advanced sailors. Lessons are tailored to your specific needs, and topics can include: terminology, rig tuning, tacking, gybing, docking, anchoring, right-of-way rules, racing starts, mark rounding, and racing rules.

If any of these topics sound interesting to improve your sailing skills, I am willing to pass along what I know. I will offer personal or small group lessons at whatever level you need, working within current health restrictions. These lessons can be on your own boat, so they can be specific to your situation, or they can be on my 26-footer.

Let me know if you are interested, and we can set up convenient times. Call or text: 916-765-2298, or email Gary_Karen_Preston@compuserve.com

➤ **SECRETARY'S REPORT** ◀

Roy Moore, Secretary
Wave Dancer, Catalina 25
roymoore925@gmail.com

Minutes of May 18, 2021 Fleet 4 Board Meeting

The meeting was called to order at 6:22 p.m. All officers were present.

The minutes from the January Fleet 4 Officers Meeting were approved. Fleet 4um Editor Gary Preston reported that Jim Sinclair volunteered to help with printing and mailing of the newsletter.

Captain Kevin Clancy advocated vigorous promotion of club events (described in detail later). The officers will form a phone tree to personally contact all members.

Social Chair Madeline Rayfuse reviewed details for:

- Friday, June 11, 6 p.m. BBQ at the Rayfuse home. Fleet 4 will provide fired-up grills and drinks. Members provide whatever meat they chose, and are invited to participate in a potluck if comfortable doing so.
- Thursday August 12, 7 p.m. Ice Cream Social, also at the Rayfuse home. Fleet 4 will provide the ice cream, and Folsom Lake Yacht Club is invited to come and provide the toppings.
- Saturday January 22, 2022 Annual Banquet - date approved by the Board, with location TBD.

Crusing Chair Susan Patchett reviewed remaining scheduled cruises:

- Lake Oroville May 21 - 23. The two boats that committed to participating cancelled due to low water in the lake. The houseboats were mandated to evacuate in a time that included that weekend.

- Delta (Folsom Lake will be too low) July 3 - 5. [NOTE: the date was subsequently changed to July 9 - 11.]
- Union Valley Reservoir August 13 - 15 (Shooting Star cruise).
- Lake Camanche September 10 - 11.
- Halloween Cruise October 30 (location TBD).

Treasurer Gary Preston reviewed the budget from a handout. The bottom line is we are within budget, though a few line items needed adjustment.

Racing Chair Mike Rayfuse reported an essentially empty racing schedule, except for Wednesday night Beer Can Fun Races, for the remainder of the year due to the low water in Folsom Lake.

Membership Chair Bill Martin reported from a handout on membership renewals (short 8 from 2020) and new members (4).

Secretary Roy Moore reported on progress on the Fleet roster. With approval of the draft, the roster will get handed out at the BBQ. Cost of the roster this year is \$0.62 each, a huge improvement on our experiment last year. The cost is derived from the yoyoink.com blog (\$0.03 per page black and \$0.11 per page color).

➤ **MEMBERSHIP MATTERS** ◀

Bill Martin, Membership Chair
Catalina 22
bimartin@hotmail.com

Thanks to all those who have turned in their membership dues. We are still looking for 7 more who have not yet renewed. See the membership form at the end of this newsletter.



Fleet 4 Membership & Renewal Form for Year 20__

Renewing Members: fill in your Name and only the information that has changed since last year, and sign.

Name (1st member) _____ Registration # (CF) _____

Name (2nd member) _____ Boat Name _____

Children (under 16 who sail with you) _____ Boat Type (make & model) _____

_____ Sail Number _____

Address _____ Marina _____

City _____ State ____ Zip _____ Berth _____

Home Phone (____) _____ - _____ C22 National member? Yes No (circle)

Work Phone (1st member) (____) _____ - _____ Boat Equipped with: (for cruising safety)

VHF Radio Yes No (circle)

Work Phone (2nd member) (____) _____ - _____ GPS Yes No (circle)

Radar Yes No (circle)

Cell Phone (1st member) (____) _____ - _____

The Fleet 4um newsletter is distributed bi-monthly by email to all members and posted on the Fleet 4 website. Would you also like a mailed copy?

Cell Phone (2nd member) (____) _____ - _____

YES, I prefer a mailed copy.

Email (1st member) _____

NO, email and online posting is fine.

Email (2nd member) _____

I hereby release all Fleet 4 members, cruise leaders, and board members from any liability for injury, death, or damage to property arising from participation in any Fleet activities and/or cruises. I also acknowledge that the decision to participate, race, continue to race, or cruise in the events is the sole responsibility of the individual skipper and his or her crew.

Signed _____ Date _____

Fleet 4 dues: \$36

Due January 1st of each year

(New members prorate less than 1 year at \$3.00 per month.)

Make checks payable to: **Catalina 22 Fleet 4**

Then mail with Membership Form to:

Fleet 4 Treasurer
c/o Gary Preston
4113 Big Live Oak Lane
Sacramento, CA 95821

For membership questions, contact Bill Martin:
(916) 804-5240 or email: bimartin@hotmail.com

For official use only:

Roster needs updating

New member packet sent

Needs membership badge

Paid: Date ___/___/___

Bank/Check # _____ / _____