



Catalina 22 Fleet 4

4UM



December

2023

<http://www.catalina22fleet4.org/>



Fun Fact: the last day of this year will be 123123 ☺

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UPCOMING EVENTS

❄ December 2023 ❄

Thursday, 12/7, 6:30pm
Membership Mtg.: Round Table Pizza
 near Madison Ave. and Greenback Ln.
 9500 Greenback Ln., Folsom 95630

❄ January 2024 ❄

January 1st
 CA Boater Card required for 60 and under

Saturday, 1/27, Time TBD
Annual Awards Banquet
 Aviator's Restaurant Sac. Exec. Airport
 6151 Freeport Blvd, Sacramento, 95822

❄ February 2024 ❄

Cruise: Monterey Bay
 Dates TBD

The Fleet 4um is published bi-monthly in even-numbered months. The deadline for submission is the 25th of the odd-numbered month prior to publication for the next month's edition.

Please send your submissions for the February edition by January 25th to:
Gary Preston, Fleet 4um Editor
 *** NEW EMAIL ***
 Catalina22Fleet4@gmail.com

(OR Gary_Karen_Preston@compuserve.com)

➤ CAPTAIN'S CORNER ◀

Kevin Clancy, Captain
Running With Scissors, Catalina 22 #14145
kclan12@gmail.com
916-956-6246

Hey Fleet 4r's!

I wanted to remind everyone about the Membership Meeting at Round Table Pizza located near Madison Avenue and Greenback Lane (9500 Greenback Lane, Folsom, 95630) on Thursday December 7 at 6:30 pm. I hope everyone can attend to help plan the 2024 Sailing Activities Calendar!



Topics for discussion include:

1. Social events
2. Cruising
3. Racing
4. Membership meetings
5. Board elections
6. Other ideas

Your participation is needed to ensure 2024 is a great year. Bring your great ideas and enthusiasm! After the calendar planning, there will be a short, teams trivia competition. This should be fun!

The 2024 Board elections will take place at the Annual Banquet. The nominees for the Board positions are:

- Captain – Kevin Clancy
- Secretary – Roy Moore
- Treasurer – Susan Patchett
- Cruising Chair – Laura-Ann Charlot
- Racing Chair – Mike Rayfuse
- Membership Chair – Bill Martin
- Social Chair – Madeline Rayfuse

If anyone has an interest in running for a Board position or shadowing a Board position in order to

learn more about the position, please reach out to me at (916) 956-6246.

Your participation is vitally important to the success of the Fleet. Please give consideration to becoming more involved in a Board position, planning events, or the fun stuff – the cruises and social events!

Lots of Awesomeness!
Captain Kev

➤ PAST CAPTAIN'S LOG ◀

Monte Whitefield, Past Captain
thewhitefieldfamily@gmail.com

Well, everyone, it looks like our sailing may be curtailed for a few months. Take the time and make sure your boat is buttoned up for the winter. For me, I am taking the cushions out of my boat and putting a tarp cover over it to keep it dry from the rain. We were fortunate this year with an abundance of water at Folsom Lake and had some great sailing. Let's hope this year brings much of the same. I hope everybody comes out for pizza on Thursday and enjoys fellowship with each other.

God bless,
Monte

➤ SOCIAL SOUNDINGS ◀

Madeline Rayfuse, Social Chair
Sirius, Catalina 22 #3088
mrayfuse@surewest.net
916-541-1268

Season's Greetings Sailors,

Wow, the Holidays are here again! During this time, we hope you have a festive and joyful time celebrating with your family and friends. We are looking forward to seeing you at next year's Banquet at the Aviator's Restaurant in Sacramento.

It's been in the news lately that Aviator's Restaurant **might** be closing. I talked to Chic recently. He assured me we are still on for January 27th 2024. If there are any changes, I will be sure to let you know.

You should be receiving your invitation sometime the first week of January. We will make sure it will be an enjoyable evening. We hope to see everyone there to join the fun. In the meantime, please **“SAVE THE DATE, for JANUARY 27th 2024.”**

JOKES in the spirit of the Holidays!

Q: What kind of motorcycle does Santa drive?

A: *A Holly Davidson.*

Q: What says “Oh, oh, oh?”

A: *Santa going up the chimney.*

Q: What do gingerbread men sleep on?

A: *Cookie sheets.*

Q: What do you call a kid who doesn't believe in Santa?

A: *A rebel without a Claus.*

Knock, knock

Who's there?

Snow

Snow who?

Snow time to waste, It's almost Christmas.

Have the happiest of Holidays,

Madeline Rayfuse

➤ **CRUSING CHATTER** ◀

Susan Patchett, Cruising Chair

Librium, Catalina 22

susanpatchett2@gmail.com

916-996-5697

Hi Sailors,

In February there will be a cruise at Monterey. No dates have not been set, but will let you know as soon as possible. It will be a fun cruise. If you are interested contact me.

➤ **RACING ROUNDUP** ◀

Mike Rayfuse, Racing Chair

Sirius, C22 #3088

mrehfus@surewest.net

OK frost biters, it finally got cold – time to go to the Bay Area for your race/sailing fix. An alternative is going to YouTube and watching the preliminary rounds of the 2024 Americas Cup with the finals being held in Barcelona Spain later next year. One prelim has been contested already in Jeddah, Saudi Arabia.

The prelims are being sailed on 40' boats with a crew of 5, but the finals were initially proposed as being 75' with a crew of 11. There are plans afoot to reduce the crew to 8 and allow pedaling, instead of hand cranking on what look like windlasses, but are just hydraulic pump handles that charge storage containers (on a submarine they are called accumulators) that have a gas in the top of the bottle pressurizing the liquid below. There is usually a piston separating the fluid and the gas so it can be horizontal or work in changing attitudes (heaving or rolling). The 40-foot boats can be seen here:

Race Day Two Highlights - America's Cup Preliminary Regatta Jeddah, Presented by NEOM - YouTube

[<https://www.youtube.com/watch?v=5zJbdIUboC0>]

To see the technology of the 75-footers go to:

THE TECHNOLOGY - AC75 - 37th America's Cup

[<https://www.americascup.com/the-technology>]

There is a separate league called SAILGP that is still sailing 50-foot foiling catamarans with mixed nationality crews representing various countries. Usually, Aussies or Kiwis as skippers.

There are many racing videos available on YouTube, plus some mean collisions between boats where the rules are not complied with, ignored, or explained to the viewer, which make them useless to the unlearned but exciting otherwise.

Stadium sailing is here to stay as it can be shared through media – unlike long distance races where there is an interesting multi-boat start but winners and stragglers finishing in the middle of the night making poor live entertainment.

Back to frost bite sailing – I heard of a good rule of thumb that says if the total of the water temp and the air temperature is under 120 degrees, then one should wear a wet or dry suit. At my age make those 140 degrees. Back in 1975 while in the best shape of my life, being paid to scuba dive in Hawaii, one bottle of air at 40 feet would give us hypothermia if diving without wet suits. Even with shorties we would shake for a half hour after 1 bottle. Using a HOOKA (warm compressed air) system, one could stay in the same water for over an hour and not shake when you get out.

Latest research shows that the shock of the cold water can incapacitate the motor reflexes for breathing and cause gasping even when your head is under water or to spasm that constrict the esophagus causing suffocation. Usually the person comes up once, and unable to breathe is lost to the deep. Being prepared and wearing PFDs is the only thing that can keep you alive.

Locally, one of our Fleet Four members (Gary Preston) won the keelboat division (Hunter 26) of the Governor’s Cup hosted by Folsom Lake Yacht Club. This was a series of 1-day races over 5 weeks during late August and all of September.

The centerboard division was won by John Poimiroo (who edits the FLYC newsletter) sailing a 14-foot Lido. John proved the old adage, that being

there was half of the victory, saying that “we are there for fun, but showing up helped.” He also paused to train some “new to racing” sailors, eventually losing a race to one of the newbies (pronounced new bees).

Fleet general membership meeting this Thursday – be there at the pizza place on Madison near Greenback – Round Table.

Michael Rayfuse, Racing Chairman
“The pointy end is the front”

➤ **MEMBERSHIP MATTERS** ◀

Bill Martin, Membership Chair

Catalina 22

bimartin@hotmail.com

916-804-5240

Please send your membership renewal forms for 2024 (at the end of this newsletter), with payment.

Also, you young captains 60 and under, don't forget to get your boating license. Unless you have no motor on you boat and it is under 30 feet. 😊 They are mandatory for you next year.

[californiaboatercard.com]

CLASSIFIED ADVERTISEMENTS

Catalina 25 Midnite Blew

Arnold Boeck
midnite_blew@wizwire.com
(530) 575-6468

Scuttlebutt is that *Midnite Blew* IS for sale.



CDI roller furling 150 genoa
4-stroke Honda 10HP motor
Trail-Rite trailer, surge brakes, roller bunks, electric winch
Compass
Autopilot
VHF radio
Knot meter
Depth sounder
Water temperature
Wind direction and speed

“All the comforts of home.”
\$7,500

If any Fleet 4 member has an item or service you would like to offer to other members, please write an ad, and submit it to:

Gary Preston, Fleet 4UM Editor
Catalina22Fleet4@gmail.com
(OR Gary_Karen_Preston@compuserve.com)

The ad is free for Fleet 4 members.



Fleet 4 Membership & Renewal Form for Year 20__

Renewing Members: fill in your Name and only the information that has changed since last year, and sign.

Name (1st member) _____ Registration # (CF) _____

Name (2nd member) _____ Boat Name _____

Children (under 16 who sail with you) _____ Boat Type (make & model) _____

_____ Sail Number _____

Address _____ Marina _____

City _____ State ____ Zip _____ Berth _____

Home Phone (____) _____ - _____ C22 National member? Yes No (circle)

Work Phone (1st member) (____) _____ - _____ Boat Equipped with: (for cruising safety)

VHF Radio Yes No (circle)

Work Phone (2nd member) (____) _____ - _____ GPS Yes No (circle)

Radar Yes No (circle)

Cell Phone (1st member) (____) _____ - _____

The Fleet 4um newsletter is distributed bi-monthly by email to all members and posted on the Fleet 4 website. Would you also like a mailed copy?

Cell Phone (2nd member) (____) _____ - _____

YES, I prefer a mailed copy.

Email (1st member) _____

NO, email and online posting is fine.

Email (2nd member) _____

I hereby release all Fleet 4 members, cruise leaders, and board members from any liability for injury, death, or damage to property arising from participation in any Fleet activities and/or cruises. I also acknowledge that the decision to participate, race, continue to race, or cruise in the events is the sole responsibility of the individual skipper and his or her crew.

Signed _____ Date _____

Fleet 4 dues: \$36

Due January 1st of each year

(New members prorate less than 1 year at \$3.00 per month.)

Make checks payable to: **Catalina 22 Fleet 4**

Then mail with Membership Form to:

Fleet 4 Treasurer
c/o Gary Preston
4113 Big Live Oak Lane
Sacramento, CA 95821

For membership questions, contact Bill Martin:
(916) 804-5240 or email: bimartin@hotmail.com

For official use only:

Roster needs updating

New member packet sent

Needs membership badge

Paid: Date ___/___/___

Bank/Check # _____ / _____